

**Bayside Acupuncture  
Massage Client Information**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Email: \_\_\_\_\_  
Home Phone: \_\_\_\_\_ Mobile Phone: \_\_\_\_\_  
Date of Birth: \_\_\_\_\_ Occupation: \_\_\_\_\_  
Referred by: \_\_\_\_\_  
Emergency Contact: \_\_\_\_\_ Phone #: \_\_\_\_\_

Have you ever received massage therapy? \_\_\_\_\_ Yes \_\_\_\_\_ No  
Type of massage experienced (swedish, shiatsu, deep tissue, etc.) \_\_\_\_\_  
Are you currently taking any medications? \_\_\_\_\_ Yes \_\_\_\_\_ No  
If yes, please list name and reason for medications \_\_\_\_\_  
\_\_\_\_\_

Are you currently seeing a healthcare professional? \_\_\_\_\_ Yes \_\_\_\_\_ No  
If yes, please list names and reason/treatment \_\_\_\_\_  
\_\_\_\_\_

Please review this list and check those conditions that have affected your health either recently or in the past. Place a check mark next to the condition.

- |   |  |
|---|--|
| <input type="checkbox"/> arthritis                            | <input type="checkbox"/> diabetes                                    |
| <input type="checkbox"/> blood clots                          | <input type="checkbox"/> broken/dislocated bones                     |
| <input type="checkbox"/> bruise easily                        | <input type="checkbox"/> cancer                                      |
| <input type="checkbox"/> chronic pain                         | <input type="checkbox"/> constipation/diarrhea                       |
| <input type="checkbox"/> auto-immune condition*               | <input type="checkbox"/> hepatitis (A, B, C, other)                  |
| <input type="checkbox"/> skin conditions                      | <input type="checkbox"/> stroke                                      |
| <input type="checkbox"/> surgery                              | <input type="checkbox"/> TMJ disorder                                |
| <input type="checkbox"/> Whiplash                             | <input type="checkbox"/> diverticulitis                              |
| <input type="checkbox"/> headaches                            | <input type="checkbox"/> heart conditions                            |
| <input type="checkbox"/> back problems                        | <input type="checkbox"/> high blood pressure                         |
| <input type="checkbox"/> insomnia                             | <input type="checkbox"/> muscle strain/sprain                        |
| <input type="checkbox"/> pregnancy                            | <input type="checkbox"/> scoliosis                                   |
| <input type="checkbox"/> seizures                             | <input type="checkbox"/> depression, panic, or other psych condition |
| <input type="checkbox"/> chemical dependency (alcohol, drugs) |  |
- (\*AIDS, fibromyalgia, chronic fatigue, lupus, etc.)

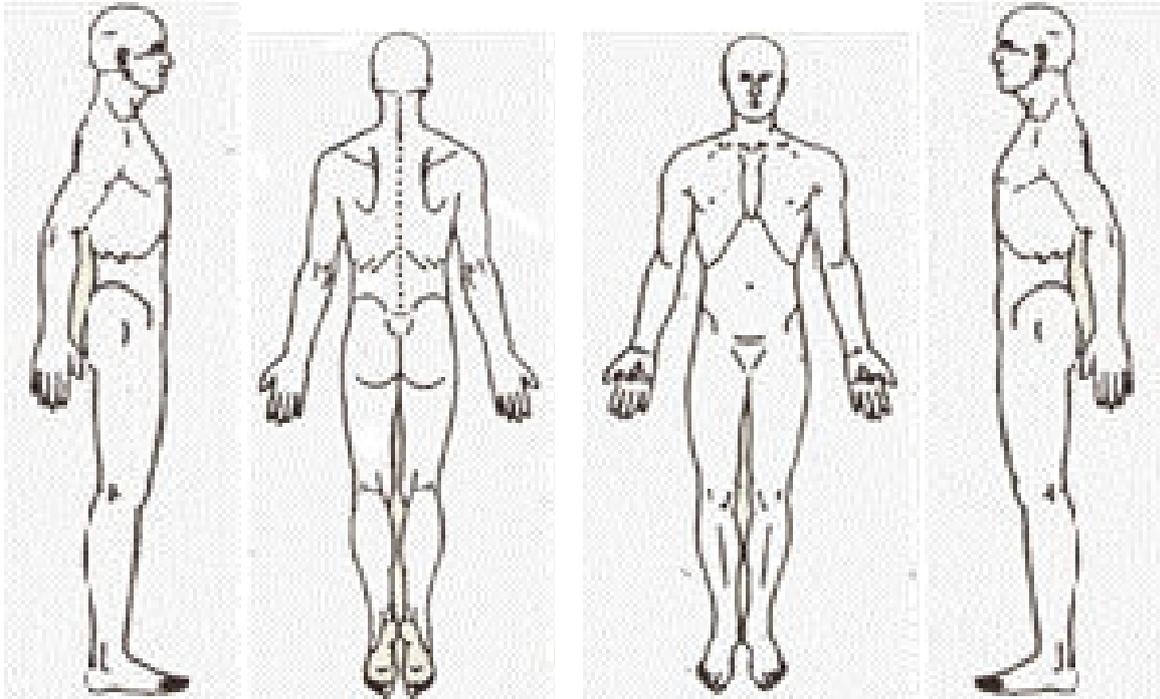
If any of the above needs to be detailed or if there is anything else to share, please do so: \_\_\_\_\_

Do you have any of the following today:  
\_\_\_\_\_ skin rash \_\_\_\_\_ cold/flu \_\_\_\_\_ open cuts \_\_\_\_\_ severe pain  
\_\_\_\_\_ anything contagious \_\_\_\_\_ injuries/bruises

Do you have any allergies to:  
\_\_\_\_\_ medications \_\_\_\_\_ foods (nuts, etc.)  
\_\_\_\_\_ environmental allergens (dust, pollen, fragrances)  
\_\_\_\_\_ reactions to skin care products

If any of the above are checked, please give details: \_\_\_\_\_

Are you wearing: \_\_\_\_\_ contact lenses \_\_\_\_\_ hearing aid \_\_\_\_\_ hairpiece  
Please indicate with an (X), if any, the areas in which you are feeling discomfort:



What are your goals/expectations for this therapy session? \_\_\_\_\_

The following sometimes occurs during massage. They are normal responses to relaxation. Trust your body to express what it needs to:

- \*need to move or change position
- \* sighing, yawning, change in breathing
- stomach gurgling
- \* emotional feelings and/or expression
- movement of intestinal gas
- \* energy shifts
- \* falling asleep
- \* memories

**Please read the following information and sign below:**

1. I understand that although massage therapy can be very therapeutic, relaxing and reduce muscular tension, it is not a substitute for medical examination, diagnosis and treatment.
2. This is a therapeutic massage and any sexual remarks or advances will terminate the session and I will be liable for payment of the scheduled treatment.
3. Being that massage should not be done under certain medical conditions, I affirm that  
I have answered all questions pertaining to medical conditions truthfully and give consent to be treated.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_